

**ROSE CITY GEROPSYCHOLOGY, LLC  
ADULT INTAKE FORM**

**Background Information**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Racial/ethnic background: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_

May we leave a message? Yes / No

Cell/Other phone: \_\_\_\_\_

May we leave a message? Yes / No

E-mail: \_\_\_\_\_

May we send e-mails to you? Yes / No

\*Please remember we **cannot** guarantee that e-mail correspondence will be confidential.

How would you like to be reminded of scheduled appointments? Phone / Text / E-Mail / None

\*Appointment reminders are generated from our EHR and will be sent from 650-215-6211 and appointmentreminders@therapyportal.com

Who referred you to this clinic? \_\_\_\_\_

Emergency contact (name & phone #): \_\_\_\_\_

**Reason(s) for Seeking Therapy**

What 2 to 3 things do you hope to accomplish through our work together? That is, what would you like to be doing differently by the time our work is finished?

**Physical and Emotional Health History**

Who is your primary care provider? \_\_\_\_\_

Clinic name: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax number: \_\_\_\_\_

Address: \_\_\_\_\_

What are your current and past health conditions?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*Please remember to bring a list of your current medications and supplements. If none, initial here: \_\_\_\_\_

On a scale of 0 (no pain) to 10 (worst pain imaginable), how would you rate your physical pain RIGHT NOW?

0 1 2 3 4 5 6 7 8 9 10

On the same scale, how would you rate your USUAL level of physical pain during the last week?

0 1 2 3 4 5 6 7 8 9 10

On the same scale, how would you rate your BEST level of physical pain during the last week?

0 1 2 3 4 5 6 7 8 9 10

On the same scale, how would you rate your WORST level of physical pain during the last week?

0 1 2 3 4 5 6 7 8 9 10

Have you ever been diagnosed with a psychiatric, mental health, or emotional condition, including depression and anxiety? Yes / No Unknown

If yes, which condition(s)? \_\_\_\_\_

Have you ever received psychological, drug or alcohol treatment, or counseling services? Yes / No

Please indicate which type of treatment (circle one): Inpatient Outpatient Both

Do you now, or have you ever, taken medication for a psychiatric, mental health, or emotional condition, including depression and anxiety? Yes / No Unknown

If yes, please list the name and contact information for your prescribing healthcare provider:

\_\_\_\_\_

How often do you have a drink containing alcohol, including beer and wine? \_\_\_\_\_

Do you currently use any type of tobacco? Yes / No

Do you currently use any type of recreational drug, including marijuana? Yes / No

### **Social Background/Family History**

Where were you born? \_\_\_\_\_

Where did you grow up? \_\_\_\_\_

What is your current living situation? \_\_\_\_\_

Are you currently experiencing any violence or abuse in your home? Yes / No

Current relationship status?: married never married/single widowed living with partner divorced

What is your spouse's/significant other's name: \_\_\_\_\_

Children (please list name(s) & age(s)): \_\_\_\_\_

Number of grandchildren: \_\_\_\_\_ Number of great-grandchildren: \_\_\_\_\_

Significant people/organizations in your life (e.g., family members, friends, communities):  
\_\_\_\_\_  
\_\_\_\_\_

What, if any, religion or spiritual tradition(s) do you follow? \_\_\_\_\_

Do you have any history with the legal system (e.g., arrest, DUI, incarceration, litigation)? Yes / No

To the best of your knowledge, has any blood relative suffered from the following:

Bipolar (manic-depressive) Disorder?	Yes / No	Obsessive-Compulsive Disorder?	Yes / No
Schizophrenia?	Yes / No	Dementia/Alzheimer's?	Yes / No
Alcoholism?	Yes / No	Attention-Deficit Disorder?	Yes / No
Problems with Drugs?	Yes / No	Suicide (or attempt)?	Yes / No

**Occupational/Educational Background**

Are you currently working? Yes / No If not, when did you last work? \_\_\_\_\_

Current or primary lifetime occupation: \_\_\_\_\_

Years of education: \_\_\_\_\_

Military Service Branch: \_\_\_\_\_ Year enlisted: \_\_\_\_\_ Year discharged: \_\_\_\_\_

Honorable Discharge? Yes / No

**Other**

Is there anything else that is important for me as your therapist to know about and that you have not written about on any of these forms? (Use the back of the form if needed)